

COMMUNICATION FOR COUPLES

A One - Day Class with Marv Thomas, LICSW

Saturday — March 14, 2009

9 AM to 6 PM

Communication is very complex and often problematic. Contrary to popular belief, very little of the communication between a man and a woman is through words. Most communication is non-verbal and occurs in ways which may surprise you. The most nourishing thing you can do for your relationship is to learn how to mirror the experience of the other, without taking what your partner is saying personally and then counteracting with your own "stuff." This is not easy.

In this popular one-day class the differences between how men and women communicate will be unraveled, the non-verbal levels of communication will be made very clear and the subtle art of mirroring will be taught. When these three areas are addressed, the verbal part of your communication will become much easier. This class will include a combination of lectures, video examples, demonstrations, practice exercises, and question and answer times.

WHAT PEOPLE ARE SAYING

"Marvin is a wonderfully skilled therapist who leads couples into challenging territory through observation and participation. I emerged with the confidence that I could recognize and change some of my worst habits into more effective ways of communicating."

This workshop was really great-I laughed, cried, learned, empathized--and most importantly emerged with the knowledge that men and women can communicate better with the knowledge and skills that we learned in this one-day class."

Nancy L. Haigwood, Ph.D. Scientist

"Marvin Thomas is a resourceful teacher who uses easy to understand ways to reach past the common obstacles to effective communication. His class helped my relationship, enhanced my work, and taught me how to get along with and enjoy people more."

Charles Ehlert Attorney at Law

"Thank you Marv. Your class opened a new door between us. We are much closer now. When you showed us why men and women are different, both of us relaxed with each other."

Sharon Marshall Mother

COMMUNICATION FOR COUPLES

A ONE DAY CLASS WITH MARV THOMAS

In our relationships, we hope for intimacy - warmth - support and a shared effort in living our lives fully. Instead, the pressures of modern life and our old scripts collide with our dreams to sabotage the true potential of our partnerships. A primary relationship between a man and a woman is a dignified, profound, difficult, delightful life - deepening process which needs support in order to grow.

This class will provide that support.



MARV THOMAS, LICSW is a clinical social worker, marriage counselor, teacher, and writer with over 40 years of experience. Marv's wife, Peg, a nurse and registered counselor, will be present to answer questions and represent the feminine viewpoint. After 48 years of marriage, they have an understanding of what it takes to create a fulfilling relationship. They work together as marriage counselors.

If you have questions about the class call Marv or Peg at (206) 364-9494.

COST \$185 per couple including breaks and lunch.

TO REGISTER for this inspiring, entertaining, informative class simply fill out the registration form and drop it in the mail with a check for \$50. We will respond with a confirmation letter, containing everything you need to know, and a phone call.

REGISTRATION--COMMUNICATION FOR COUPLES

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: Day (____) _____ Evening (____) _____

Enclose with a \$50 deposit and send to:

The Lakeridge Institute ®

P.O. Box 27645

Seattle, WA 98165-2645

Make the check payable to: The Lakeridge Institute ® Balance due on day of the class